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Chemical Engineering Journal xxx (2018) xxx-xxx

SAND2018-6200J



Contents lists available at ScienceDirect

Chemical Engineering Journal



journal homepage: www.elsevier.com

Pendant/bridged/mesoporous silsesquioxane nanoparticles: Versatile and biocompatible platforms for smart delivery of therapeutics

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ARTICLE INFO

Keywords: Silsesquioxane Periodic Mesoporous Organosilica Nanoparticles Therapeutics Triggered-release Synergistic release

ABSTRACT

Silsesquioxane nanoparticles are composed of repetitive organosilica fragments in their frameworks and are now recognized to have outstanding functional fertility. Depending on the organosilane and the synthetic pathways, silsesquioxane NPs can be pendant, bridged, dense or porous. Recently the diverse functionalities of mesoporous silsesquioxane nanoparticles have been exploited for the sake of drug-related biomedicine. Fine-tuning the silsesquioxane nanoparticles characteristics allow not only a superior retention capacity of therapeutics without the need of any further modification, but also a controlled release through various environmentally-stimulated triggers. The main focus of the present review is to highlight the different types of silsesquioxane nanoparticles and their exceptional features focused on controlled delivery of drugs, proteins, antibodies and DNA through pH, redox or light stimuli.

1. Introduction

Currently, we are facing a major problem of delivery of chemotherapeutics into diseased cells. A short half-life of the drugs and their off-target activities requires high dosages to be administered, resulting in significant side-effects to healthy tissues [1]. Recently, nanomedicine has emerged as a means to deliver drugs to tumor area by either active or passive targeting and to deliver their protected payload therein while minimizing side effects. In this field, different systems such as liposomes [2-5], polymers [6-8], polymerosomes [9], silicon nanoparticles [10-14], and hydrogels [15] were used and some formulations are even approved by the American Food and Drug Administration [16] (FDA). However, these systems present several downsides leading to serious barriers to their long-term application in vivo such as dose-related toxicity, drug leakage, and stability in biosystems. Siloxane-based (Si-O-Si) nanomaterials, made through sol-gel processes, appear to be one of the most potent candidates to handle that burden because of their biocompatibility (recognized as generally safe by FDA [16,17]), versatile morphologies, controlled pore size and volume (when porous), and surface chemistry; altogether dictating the fate of the nanoparticle and its payload. In the realm of siloxane-based nanoparticles, one must distinguish between two groups:

1.1. Pure and organically-modified mesoporous silica nanoparticles (MSNs and ORMOSIL respectively)

Pure silica SiO₂ MSNs are prepared using a "universal" tetralkoxysilane silica source (e.g. TMOS, TEOS, TPOS), whereas ORMOSILs $(SiO_2)_{1-x}(RSiO_{1,5})_x$ (R = organic group, x = its molar ratio to main silica source) incorporate a minor amount of organosilanes to confer functional surface activity to nanomaterials. This group has been extensively investigated in nanomedical research over the past decade and has been the subject of many recent reviews [18–54]. Therefore we have limited the scope of this review to the following Group:

1.2. Silsesquioxanes: pure organosilica nanoparticles RSiO_{1.5}

These are engineered by exclusive use of organosilane(s) through a standard sol-gel process [55–60] (hydrolysis-polycondensation reactions under acidic, basic or nucleophilic (F^-) catalysis). Pendant monosilylated or bridged polysilylated organosilanes can participate in

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https://doi.org/10.1016/j.cej.2018.01.086 Available online xxx 1385-8947/ © 2017.

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the formation of pendant or bridged silsesquioxane (herein, designated as PSQ or BSQ respectively) (Scheme 1). Generally, the development of these nanoparticles is more complicated than their silica counterparts because of the extensive participation of organic fragments that can affect the solubility or other physiochemical properties of the precursors. When a mesoporous silsesquioxane framework is obtained upon use of a structure-directing agent (e.g., surfactant), it is also referred to as Periodic Mesoporous Organosilica (PMO) (Scheme 1). Incorporation of a structure-directing agent renders the formation of porous PMO nanoparticles (nanoPMOs) even more difficult than dense PSQ or BSQ nanoparticles; however, scientists have been able to overcome serious synthetic challenges and PMOs have successfully reached the nanoscale [61.62]. In addition to the fact that PMOs incorporate the above-mentioned advantages of MSNs such as tunable pores size and volume, they nonetheless exhibit a fundamental difference compared to MSNs and ORMOSILs, wherein their homogeneous distribution of organic moieties throughout the complete framework makes them unique in terms of functional fertility.

It is worth noting that the nomenclature of different organosilica materials is still a subject of debate, since no clear designation of various frameworks has been established by the IUPAC. For instance, readers can find several papers describing ORMOSILs as PMOS [63–66] or PSQs [67]. Also nanoPMOs can be designated as MON (Mesoporous Organosilica Nanoparticles with analogy to MSNs) [68]. Undoubtedly, the (bio)chemical versatility of PSQ, BSQ and PMO nanomaterials will be their trebuchet into a central part of nanomedical research in the next years. In the next sections we will present a brief evolution of the history of silsesquioxane materials and describe how they have been used to date in nano-medicine as drug/biomolecule delivery vehicles.

In the present review we focus in particular upon the controlled release properties of silsesquioxane nanoparticles. Only nanomaterials made solely by organosilane(s) and exhibiting a drug release behavior



Scheme 1. Representation of the classes of sol-gel processed silsesquioxanes: pendant monosilylated organosilanes produce PSQ, bridged polysilylated organosilanes yield BSQ, bridged polysilylated organosilanes in the presence of surface-directing agents yield PMO.

will be reviewed, namely PSQ, BSQ and PMO nanoparticles (although one example showing PMO-like nanoparticles possessing an extremely high organosilane extent is reported for biocompatibility studies).

2. A strand of history

After the revolutionary concept of periodic micro/mesoporous silica materials was introduced in 1990-1992 by Kato et al. [69] and Kresge et al. [70,71], pioneering studies of silsesquioxane materials began in 1999-2000 with the work of Inagaki [72] and Ozin [73], who reported the first PMOs with ethane (-Si-C₂H₄-Si-) bridged fragments, prepared using a base-catalyzed aqueous (hydrolytic) route, and Stein who produced ethylene (–Si–C $_2H_2$ –Si–) bridged PMOs with subsequent functionalization (via bromination) [74]. Paving the way toward applications in medicine, Brinker et al. used an aerosol assisted evaporation-induced self-assembly process [75,76] to produce the first PMO nanoparticles incorporating aliphatic (-Si-(CH₃)_n-Si-, n = 2,3,6,8,10), unsaturated (-Si-CH₃-C₂H₂-CH₃-Si-) or aromatic (-Si-C₆H₄-Si-) bridging organosilanes [77]. Shea et al. reported more detailed studies of the sol-gel synthesis of monolithic bridged silsesquioxane aerogels and xerogels using 15 different alkane-, alkene-, alkyne-, aromatic-, functionalized- and organometallic-bridged precursors [78] and investigated thereafter the mechanism of gelation [79]. The self-assembly/nanostructuring mechanisms of BSQ were fundamentally studied [80-89] and since then the engineering of new bridged silsesquioxane materials has been a very fertile ground for catalysis [90-101], light harvesting [94,102-106], luminescence [102,107-112], tailoring the hydrophobic/hydrophilic balance [113], metal sequestration/stabilization [114-117], thin films [102,105,107,110,118-120], reactivity-probes molecular sieves [124–127], [121-123], structure-direction [73,128–136] or related relevant fundamental studies [133–158].

3. Compatibility with biosystems

Biocompatibility is a fundamental requirement of any nanosystem intended for biomedical applications. At a minimum nanoparticle carriers should show minimal cellular toxicity, as judged e.g. by dose-dependent toxicity assays and potential to cause hemolysis of red blood cells. It is further imperative that the nanoparticle carriers exhibit *in vivo* stability so as to avoid aggregation and reduce non-specific binding and uptake by the mononuclear phagocyte system (MPS) and thereby increase circulation times and enhance both passive and active targeting

3.1. Synthesis

Following the first report of the synthesis mesoporous silsesquioxane nanoparticles via an aerosol EISA process by Brinker and coworkers [77] in 1999, many following works developed PSQ and BSQ nanoparticles through a hydrolytic sol-gel (Fig. 1a) process using a plethora of mono-,bi- or polysilylated organosilanes with pendant or bridging organic groups ranging from simple aliphatic to polyaromatic, metal-chelating and highly functional fragments. The morphologies (Fig. 1b-i) can be tailored so that nanospheres [159–165], nanocrystals [166], hollow nanospheres [61,167–171], nanodonuts [172], nanotubes [125,173–176], nanorods [177,178], multipodal PMOs [179], deformable hollow PMOs [180], and core-shell nanoparticles [181–185] were produced via soft or hard templating pathways with size ranging from a few to several hundreds of nanometers. The synthesis strategies of PSQ, BSQ and PMOs nanoparticles are comprehensively reviewed in some excellent papers [68,186,187].



Fig. 1. General mechanisms of hydrolytic sol-gel process via basis, acidic, or nucleophilic catalysis (a) and b-i) electron microscopy images of different morphologies obtained for silsesquioxane nanoparticles. Scale bars (b-e) = 100 nm and (f-i) = 500 nm. b) Reproduced with permission. [1] Copyright 2012, Royal Society of Chemistry. c) Reproduced with permission from [2]. Copyright (2014) American Chemical Society d) Reproduced with permission. [3] Copyright 2015, Wiley-VCH e) Reproduced with permission. [4] Copyright 2016, Wiley-VCH f) Reproduced with permission. [5] Copyright, 2016, Elsevier. g) Reproduced permission [6] Copyright 2017, Wiley-VCH. h) Adapted with permission from [7]. Copyright (2001) American Chemical Society i) Reproduced with permission from [8]. Copyright (2015) American Chemical Society.

3.2. In vitro cell viability and in vivo biodistribution

Biocompatibility is an important criterion for biomedical applications and it has been demonstrated for pendant and bridged silsesquioxane nanoparticles in several studies.

In pioneering work, the Prasad group showed in 2003 that 20-25 nm vinyl-amine PSQ nanoparticles used as carriers for a hydrophobic photosensitizing anticancer drug, are non-invasive for UCI-107 and HeLa cell lines [188]. In 2010, the same group used the same PSQ (in a PEGylated form, labeled with DY776 and radionucleus ¹²⁴) to study their in vivo biodistribution and clearance [67]. It was shown that 360 h post-injection, the majority of nanoparticles were cleared through hepatobiliary excretion (Fig. 2c, d). After 15 days of exposure, selected organs from dissected mice showed no histological abnormal behavior or toxicity (Fig. 2a, b). They concluded that this system is "potentially an ideal attribute for use as biocompatible probe for in vivo imaging". More recent work [32,189] on dense BSQ made purely by trypsin-cleavable oxamide bridges [190] (Fig. 2e,f) or by mixing thioether [191] with porphyrin or a two-photon sensitizer showed complete biocompatibility. Additionally, bridging porphyrin/iodine BSQs used for wide-field photodynamic/photothermal therapy also showed high in vivo compatibility [192].

Switching to PMOs, Huo et al. described a straightforward synthesis of nanoPMOs with different bridging groups (methylene, ethylene, ethenylene and phenylene) [193]. Importantly, they showed that FITC-labeled methylene-PMOs have a high biocompatibility demonstrated by HeLa cell viability of >75% even at high nanoparticle concentrations

(125µg/mL media) after 24h exposures at 37 °C (Fig. 3a). Furthermore, ethenylene and bispropyldisulfide mixed PMOs were synthesized with different extents of the bridging organosilanes [194]. These nanomaterials beautifully showed a degradation behavior triggered by mercaptoethanol simulating the reducing conditions in the cancer cell. Again, these PMOs showed a very good biocompatibility towards MCF-7 cells where less than 20% cells died after 3 days of incubation at high concentration reaching 125µg/mL (Fig. 3b). More recently, phenylene-bridged PMOs were produced in different morphologies (wires, rods, bent rods and spheres) simply by tuning the co-solvent during the synthesis (Fig. 3c), and their compatibility towards HeLa cells was studied [195]. It was shown that less cell death occurred as the morphology is extended and this was attributed to easier internalization in the case of sphere-like morphology (Fig. 3d). Overall PMOs with different organic bridging groups in different studies showed biocompatible behavior promising their increasing use in nanomedicine.

3.3. Hemolytic activity

Red blood cell (RBC)-friendly behavior is a further criterion for nanosystems to be considered for clinical translation.

The very first reliable studies of hemolytic activity were carried out by the Kuroda and Takeoka groups where they proved that ethenylene-bridged colloidal PMOs nanoparticles (20 nm) showed less hemolytic activity than analogous MSN and dense silica nanoparticles towards bovine RBC [196] (Fig. 4a). In fact, it has been suggested that the hemolytic activity of siliceous materials is related to the presence and density of silanol groups on the surface of the material [30,197,198],



Fig. 2. Quantitative estimation of fluorescence acquired from various organs of mice injected with (a) DY776 PSQ and (b) free DY776, at 24, 120, and 360 h; (c) Clearance of the DY776 PSQ injected intravenously into the mice and (d) a comparison with the free DY776 injected mice as control. The same acquisition time was maintained for all the time points of imaging. e) Schematic representation of the enzymatic degradation of BSQ via the cleavage of amide bonds by trypsin. f) Cell cytotoxicity of HeLa cells incubated with BSQ for 24 h. a-d) Adapted with permission from [9]. Copyright (2010) American Chemical society. e,f) adapted with permission [10]. Copyright (2015), Royal Society of Chemistry.

and more precisely, to the electrostatic interaction between negatively charged silanolates and positive head groups of the RBC membrane lipids [198]. The lower hemolysis induced by PMOs is explained mainly by the lower density of silanol groups on the surface due to the high extent of organic bridging groups, but also, by the lower acidity of the existing silanols due to high concentration of electron-donating etheny-lene groups [55].

Later on, phenylene PMOs showed better compatibility to RBC than their MSN counterparts [199] (Fig. 4c,d). This result was demonstrated in parallel to an important *in vivo* behavior of these nanoparticles, where intravenously injected mice dosed with 100 mg/kg for 2 months showed no death or uncommon behavior as the exposed organs confirmed an excellent histocompatibility for the studied nanomaterials. Also, triple hybridized yolk-shell PMO-like MSNs (containing up to a 75% organosilane mix: methylene, thioether and phenylene) were proven to have very low toxicity toward breast cancer MCF-7cells even at 1200 µg/mL and negligible hemolytic activity (<2%) even at concentrations as high as 2000 µg/mL [200] (Fig. 4b). Unlike MSNs where passivation of the surface by organic moieties (e.g., PEG) is crucial to overcome or reduce the hemolytic activity [201], PMOs are now proven to have a low hemolytic potential even without any subsequent modification.

3.4. Colloidal stability and targeting properties

The high extent of organic fragments within a silsesquioxane framework reduces correspondingly the silanol concentration which has a direct effect on the charge and the stability of this family of nanomaterials. For pure silica nanoparticles, which are moderately to strongly negatively charged at neutral pH depending on their extent of porosity, the charge repulsion responsible for the colloidal stability of nanomaterials is reduced in high ionic strength physiological media inducing the aggregation of administered nanoparticles. Another barrier for nanoparticles to be translated into nanomedicine is the mononuclear phagocytic system (MPS), which is the first line of defense against the "foreign invaders" inhibiting their intended therapeutic efficiency. A potential solution is the passivation of the outer surface by "stealthy"



Fig. 3. a) Dose dependent toxicity of methylene-bridged PMO nanoparticles exposed to HeLa cells for 24h at 37 °C. The inset shows FITC-PMOs internalized in the cytoplasm of HeLa cells. b) Dose dependent toxicity of ethylene/disulfide PMO NPs exposed to MCF-7 cancer cells after 72h of incubation. The enclosed TEM images show the effect of the organosilane mixture on the morphology of the PMOs. adapted from [11] c) Evolution of morphology of phenylene-bridged PMO NPs with variation of the organic cosolvent(s) in the reaction media d) Dose dependent toxicity of PMOs exposed to HeLa cells for 24h at 37 °C. a) Adapted with permission [1]. Copyright (2012), Royal Society of Chemistry b) adapted with permission [11]. Copyright 2014, Wiley-VCH. c,d) Adapted with permission [6] Copyright 2017, Wiley-VCH.

PEG that reduces protein adsorption (opsonization) and uptake by the MPS, thereby increasing the circulation time of nanoparticles. In contrast to MSNs where numerous papers treated this aspect [201-206], very few works have outlined the colloidal stability of pure organosilica nanomaterials, as they are still considered "new to the market". Della Roca et al. post-functionalized Pt-BSQ (developed in Section 4.2.1) with PEG through an EDC chemistry to increase its in vivo performance. They have also successfully conjugated onto the BSQ nanoparticles targeting ligands for $\alpha_v \beta_3$ integrin and sigma receptors, respectively, cyclic Arginine-Glycine-Aspartate (cRGD) and anisamide (via a PEG spacer). The additional value of the targeting ligands was highlighted in vitro and in vivo. In the former case, IC₅₀ values were reduced 2–10 times for DLD-1 and HT-29 colon and BxPC-3 pancreatic cancers when cRGD was anchored and 3.5 times for AsPC-1 pancreatic cells with PEG-anisamide introduced as the targeting molecule. In addition, in vivo performance was confirmed in the latter case by the reduction of AsPC-1 tumor volume in female athymic nude mice by 50% and 40% respectively for PEGor PEG-anisamide-bearing BSQ compared to untreated control mice. The targeting effect of anisamide on H460 and A549 lung cancer cells was also highlighted by the same group using gadolinium-based BSQ nanoparticles where the (60-70%) reduced amount of released Gd on solely PEGylated BSQ (compared to native non-PEGylated Gd-BSQ) was corrected and even enhanced after conjugation with targeting anisamide (130-140%). The low Gd release from untargeted PEGylated BSQ is an expected result of the low cell uptake induced by the PEG stealth behavior.

Lu and Zhao [180] recently reported novel deformable hollow tetrasulfide-PMOs passivated by maleimide-PEG and exhibiting excellent dispersibility in cell culture media. Although the system was not compared to non-PEGylated PMOs, we expect the latter to be unstable in physiologically relevant media.

Overall the passivation of PMOs by moieties that increase their stability in bio-relevant environments is crucial for their bioapplications. Targeting will enhance the therapeutic effect of administered nanosystems and increase their potential for *in vivo* translation.

3.5. Comparison with MSNs

Although a library of silsesquioxane nanoparticles of different morphologies was presented here, their synthesis remains highly challenging compared to MSNs especially if the goal is to yield a full batch of monosized and homogeneously porous nanoparticles. As a rule, synthesis becomes more difficult and complicated as the organic bridges get larger or more voluminous since the organic moieties may exhibit a preferential interaction or difficult solubilization.

In terms of biocompatibility, organosilica may be considered at least as biocompatible as silica nanoparticles. Silica is generally recognized as safe by the FDA as it dissolves overtime to yield non-toxic silicic acid. On the other hand, the possibility to insert degradable fragments in a silsesquioxane framework also allows its degradation with rates potentially exceeding those of native MSNs and with the potential of triggered degradation. Additionally, on the hemocompatibility level, silsesquioxanes exhibit a lower hemolytic potential due to their lower



Fig. 4. a) Hemolytic activity of dense silica (red), mesoporous silica (green) and ethylene-bridged periodic mesoporous organosilica (blue) nanoparticles in different concentrations. b) Percentage of hemolysis of RBCs incubated with the yolk–shell-structured triple-hybridized PMO nanoparticles at different concentrations. The inset in (b) is an electron micrograph of the utilized nanoparticles along with their composition. c) Digital photos showing hemolytic effects after 2h co-incubation with HPMOs and HMSNs. Water was used as the positive control and PBS as the negative control. Colloidal NPs were suspended in different concentrations to interact with RBCs; d) Percentage of RBC hemolysis after co-incubation with HPMOs and HMSNs at different concentrations ranging from X = 31.25 to $64X = 2000 \mu g/mL$ (n = 3, inset: TEM images of HPMOs and HMSNs, scale bars: 500 nm) a) Adapted with permission from [12]. Copyright (2011) American Chemical society b) adapted with permission [13]. Copyright 2014, Wiley-VCH. c,d) adapted with permission [14]. Copyright 2014, Wiley-VCH. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

silanol concentration, which is a major determinant of hemolysis. As an example hollow PMOs showed no hemolysis whereas hollow MSNs should up to 75% hemolysis at 2mg/mL, (Fig. 4d).

The colloidal stability of organosilica and silica nanomaterials is excellent in water when the pH is much greater or lower than the pKa. Due to electron providing effects of organic fragments, the pKa of silsesquioxanes is shifted toward neutral pH (pKa_{silsesquioxane} ~ 5–7) compared to pure silica MSNs (pKa_{MSN} ~ 1.5–3). This would suggest that MSNs have a greater stability under neutral conditions. In both cases, however, when exposed to salt-rich media the nanoparticles will physically aggregate as a function of time, requiring surface passivation with PEG or other polymers or supported lipid bilayers for biomedical applications.

4. Stimulus-induced cargo release

Organosilica nanoparticles are being increasingly used in cancer therapy [35,207,208]. The cancer microenvironment is substantially different than that of normal cells and tissues; the acidic and reducing conditions associated with cancer microenvironments have been exploited by researchers resulting in pH- and redox-responsive materials capable of stimulus-triggered release of therapeutics.

4.1. pH-triggered release

The acidic environment of endosomes and lysosomes is a mandatory checkpoint for nanoparticles having undergone endocytosis, and will definitely modify the surface characteristics of the nanosystems (especially the charge). Highly functionalized and drug-laden nanocomposites can then be created in a way to harness this feature for a superior retention through electrostatic attraction or pH-controlled release *via* charge repulsion.

In 2005, Prasad et al. reported an unprecedented work on pendant silsesquioxane (PSQ) NPs for loading and delivery of DNA through a non-viral pathway [209,210]. Aminated and porphyrin-containing positively-charged PSQs were produced to bind negatively charged DNA with an intercalating fluorophore. Gel electrophoresis confirmed the protection of PSQ-bound DNA from enzymatic digestion. The porphyrin and the DNA's fluorophores were the FRET donor and acceptor in order to monitor the proximity (binding) of DNA to the PSQ. Under *in vivo* conditions, a FRET signal decrease implied a separation between DNA and the porphyrin-PSQ framework. This indicated the release of DNA due to the increased acidic conditions in the living cells that induced destabilization of the DNA-PSQ complex. Active DNA delivery to the cell nuclei was evidenced by a pEGFP signal [209]. No PSQ-induced toxicity was observed even up to one month after transfection. This concept was also exploited to achieve *in vivo* gene delivery to the mouse brain [210].

A key example worth reporting even though nanoparticulate systems were not developed: BSQs were obtained using a triazine-bridged bisilylated organosilane exhibiting 3 sites to strongly H-bond cyanuric acid [211] or a prodrug containing three 5-Fluorouracil moieties [212] (Fig. 5). A mild acidic treatment (pH = 5.5) suppresses the H-bonding with the cyanuric acid or prodrug inducing its release and resulting in, good performance on MCF-7 cells. Although these H-bonded molecules are key-fragments of the material skeleton, their release did not induce any structural collapse, establishing these BSQ as promising and reliable frameworks for pH-sensitive drug delivery.

The first application of PMOs in drug delivery was reported in 2013 where hollow PMOs (HPMOs) were prepared by etching a SiO_2 core of



Fig. 5. Representation of the preparation of cyanuric acid or 5-FU loaded pH-responsive BSQ. Upon exposure to acidic conditions, the loaded entity is released after suppression of H-bonds responsible for interaction with the payload. Adapted with permission from [15]. Copyright (2011) American Chemical society.

a core-shell construct [168] (Fig. 6a). First, bulk silica nanoparticles were made according to the Stöber method using TEOS then coated with ethane-, ethylene- or phenylene-bridged organosilanes through a sol-gel process. Based on the difference in condensation degrees [213], the etching procedure was carried out by reacting HF over the silica core for one hour to yield hollow organosilica nanoparticles. Different amounts of HF yielded different etching extents and thus various nanoparticles morphologies, namely yolk-shell (partial etching) and hollow (complete etching) (Fig. 6b, c). PMOs, owing to their hydrophobic character, were then able to efficiently load silibinin, a hydrophobic drug presenting very poor bioavailability [214]. Invasiveness of MDA-MB-231 cells (their capacity of migration and infiltration to neighboring tissues) was assessed in vitro upon exposure to free silibinin and loaded and unloaded HPMOs (Fig. 6d). The invasiveness of silibinin-laden HPMOs was the lowest with about only 10% versus 30% for unloaded HPMOs. Free silibinin had no effect due to its hydrophobic character that induced low bioavailability. Hence, the importance of delivery of hydrophobic anti-metastatic drug into cancer cells through a PMO protecting carrier was thus clearly highlighted.

Later on, the same group extended this strategy to make benzene-based hollow organosilica nanoparticles for pH-responsive drug (DOX) and gene (P-gp shRNA) co-delivery to MCH-7/ADR cancer cells [215]. The delivery of genes can restore the sensitivity of accompanying drugs by overcoming the drug efflux pump and therefore allow reduced drug dosages and eventual corresponding side effects.

With a myriad of existing organic groups used in various applications, the production of structured and porous BSQ is far from being a trivial task because of the extensive physicochemical input of organic moieties. The recent advances in nanomedicine require delivery of larger cargoes (proteins, DNA, enzymes, etc.) to the target cell. However, it is highly challenging to apply the common pore swelling procedures used for silica [26,26,216–230] on silsesquioxanes to produce

large pore BSQ. Here a unique example stands out [231]. Recently, based on a biphase reaction reported to produce large-pore dendritic MSN [232], a phenylene-bridged silsesquioxane was produced with dendritic pores with sizes 4.6nm or 7.6nm depending on the organic phase formulation (Fig. 7a, b). With these unique pore morphologies, they loaded up to 80µg/mg and 154µg/mg, respectively, of the protein RNase with a hydrodynamic diameter of 4.7 nm. A sustained release was obtained with the larger pores, where 50% after 10h and 80% after 72h were released, whereas 90% release was recorded at 10h for the smaller pores (Fig. 7c). In this latter case, the size of the RNAse is equal to the average pore size so a preferential adsorption on the external surface was the origin of this fast release of protein. Accordingly, these large pore mesoporous organosilica nanoparticles were applied to MCF-7 breast cancer cells, the results (Fig. 7d) show no effect on cells when they were exposed to free protein whereas the cell viability decreases for 4.6 nm pore particles to 65% with negligible difference between 1, 2 and 3 days since the greatest drug release occurred in the first 12h. However, the cell viability shows a sustained decrease from 60% to 45% and 32% at one, two and three days, respectively. This result is in accordance with the sustained release profile. This important cell death was attributed to the high amount of RNAse loaded in the pores of these organosilica nanoparticles due to the intrinsic aromatic benzene group of the BSQ framework.

4.2. Redox-triggered release

As silica frameworks have proven to spontaneously degrade via siloxane bond hydrolysis in aqueous systems, they have been extensively applied to biosystems [24,25,33,35–37,57,64,66,204,229,233–240] after Coradin's group reported the introduction of disulfide bridges in dense silica nanoparticles for the first time [241]. However, with silsesquioxanes, the story is different. Ethylene-bridged PMOs of



Fig. 6. a) Schematic illustration of the creation of core-shell PMOs@SiO₂ nanoparticles and their subsequent etching pathways to obtain hollow or rattle-type PMOs. X moieties within the framework are representative of phenyl-, ethyl- or ethylene-groups. TEM image of b) yolk-shell (125μ L HF) and c) entirely hollow PMO NPs (500μ L HF), scale bar = $500 \,$ nm. d) The percentages of invasive cells ([silibinin] = $20 \,\mu$ g/mL) determined by the invasion assays. Adapted with permission [14]. Copyright 2013, Wiley-VCH.

20nm and MSN counterparts showed drastically different dissolution behavior in PBS. While up to 85% of MSN were degraded in a week, less than 10% PMOs were dissolved in 2weeks [196] (Fig. 8a). The degradation mechanism of silica starts occurring on the outer surface by progressive hydrolysis of siloxane bonds resulting in the formation of non-toxic silicic acid Si(OH)₄ byproducts, where the rate of dissolution is dominated by the silanol/silanonate concentration on the surface [242]. Also, the degradation behavior highly depends on intrinsic (porosity, condensation degree, surface chemistry) and external (media, nanoparticles concentration) factors. However, organosilica presents a significantly lower silanol content as well as an important participation of organic groups, often hydrophobic, minimizing the effective interface with the water and significantly decreasing the degradation rate. This behavior was confirmed again in ethane-coumarin PMOs [243] (Fig. 8b) where exposure to simulated body fluid (SBF) for 28 days showed no significant effect on the structure of the materials. Small-Angle X-ray Scattering (SAXS) confirmed maintenance of the framework structure and TEM showed no collapse in the morphology (Fig. 8c-d). The mechanisms of degradation of organosilica materials are provided in an excellent review by the Khashab group [242].

This structural stability of organosilica to biological media can be finger-printed by the scientific community due the accumulation and persistence of inert organosilica species in organs. Nevertheless, the functional fertility of organosilica has enabled new frameworks to be created that degrade under biologically relevant conditions. Biologically triggered release is achieved by inserting biologically-cleavable moieties in the organosilica skeleton. Disulfide [168,191,244,245]- and aminoacid-based [190,246] bridged organosilanes were integrated in nanoparticles and resulted in excellent degradation behavior upon redox or enzymatic conditions. The integration of such functions in the organosilica nanoparticles will pave the way into the development of highly biocompatible systems and improved *in vivo* reliability.

4.2.1. Redox-triggered degradability of silsesquioxane matrix for assisted-release

A novel platinum-based BSQ for targeted and controlled delivery of chemotherapeutics to colon and pancreas tumors stimulated by a redox trigger was reported by the group of Lin [247,248]. A synthetic bisilylated molecule bearing a cisplatin or cisplatin derivative (oxaliplatin) was used to make BSQ nanoparticles with Pt^{IV} distributed throughout the framework. Under normal physiological conditions, the Pt^{IV} complex is stable (Fig. 9a) and no or negligible release of cisplatin or oxaliplatin was detected. Upon exposure to the highly reducing conditions of the cancer environment (i.e. L-cysteine, glutathione), Pt^{IV} is reduced to active PtII and is no more chelated by the surrounding carboxylic groups, thus inducing the release of the cisplatin without requiring particle degradation (Fig. 9b). The Pt^{II} therapeutic effect originates from its capability to intercalate into the DNA strands of targeted cells thus stopping tumor growth. In order to render the reported system more adapted for bioapplications, the external surface was passivated with PEG moieties and, interestingly, it was shown to be slightly less efficient in vitro (A549 and H460 lung cancer cells) than the free cisplatin (most probably due the slower cell uptake because of the PEG). However, the in vivo efficacy was evaluated on mice bearing A549 and



Fig. 7. TEM images showing the difference of electron density between BTSB-based nanoparticles with a) 4.6 or b) 7.6 nm pore sizes, scale bar = 50 nm. c) The RNAse A cumulative release profile of MOSNs-4.6 and MOSNs-7.6 in PBS solution as a function of time. d) Evaluation of RNase A (4μ g/mL) delivery using MOSNs-4.6 and MOSNs-7.6 in MCF-7 cell line after 24, 48, and 72h via a cytotoxicity assay. Data are presented as mean ± SD. Adapted with permission [16]. Copyright 2015, Wiley-VCH.



Fig. 8. a) Dissolution behavior of MSN and PMO in a PBS solution for 15 days. The inset illustrates the scheme of this experiment. PMO was aggregated in the solution after 24h. b) a schematic representation of ethane-coumarin PMO nanoparticles and their degradation-resistant behavior in SBF monitored overtime by c) SAXS and d1-d3) TEM. a) Adapted with permission from [12]. Copyright (2011) American Chemical society. b-d) reproduced with permission [17]. Copyright, 2013, Elsevier.



Fig. 9. a) A schematic describing the release mechanism of Pt from BSQ upon exposure to reducing conditions. The released oxaplatin bearing active Pt^{II} will bind to DNA inhibiting tumor growth. b) Release profile of Pt after addition of L-cysteine with amounts mimicking those of normal and cancer cells. c) Evolution in tumor volume over 2 weeks upon exposure to different conditions (control, radiation only, free cisplatin + radiation and Pt-BSQ + radiation). Adapted with permission [18]. Copyright, 2015, Elsevier.

H460 xenografts subjected to chemoradiotherapy. Importantly, the PE-Gylated system showed superior results compared to other usually administered treatments where the measured tumor volume was 400%, 35% and 25% smaller than the control (saline solution), radiation only, and free cisplatin combined with 10 Gy radiation treatments, respectively (Fig. 9c), thus confirming that these novel BSQ nanoparticles hold a promising role in the development of efficient tumor treatment. It is noteworthy that the same group also reported, based on the same concept, gadolinium-based BSQ nanoparticles for the release of Gd as a contrast agent for MRI [249].

Croissant et al. have shown the synthesis of mixed PMOs with ethenylene (E) and disulfide (DIS) bridges with different weight percentages (*wt* E/DIS = 100/0, 90/10, 75/25, 50/50, 0/100). The shape (600 nm rods to 150 nm spheres) and the aspect ratio (5 to 1) of the nanoparticles were fine-tuned additionally [191]. However, when 100% DIS was used, a non-porous BSQ was obtained instead of PMO material most likely because of the relative complexity of the DIS organic bridge and that ethenylene groups are necessary to confer porosity to the organosilica skeleton. With PMOs obtained with lower E/DIS ratio, an exceptional drug loading (20% *wt* DOX) was achieved due to the hydrophobic character of the PMO pore interiors combined with loading at acidic pH where the silanol protons were exchanged by the positively charged DOX, thus confirming the pH-dependence of DOX loading/release according to an earlier report [216].

Herein, the presence of disulfide-containing bridges endowed the PMOs with an active response to reducing conditions. For this purpose, β -mercaptoethanol was used in extra- and intra-cellular concentrations (6μ M and 2mM in PBS, respectively) in order to simulate the higher concentration of glutathione present in the cancer environment (1–10mM) than in normal cells (Fig. 10a). Upon exposure of PMOs to the above mentioned reducing conditions for 48h, a dissolution behavior was observed in the first hours by TEM (Fig. 10b1–b3) then fragments

of silica were detected accompanied by a size decrease in DLS, thus confirming the degradation behavior of disulfide-containing PMOs triggering the release of doxorubicin molecules at lysosomal pH 5.5 (Fig. 10c) into breast cancer MCF-7 cells inducing significant cell death (up to 80% after 72h incubation at $1 \mu g/mL$) (Fig. 10c1, c2).

In a way to show the versatility of organosilica, Chen, Meng and coworkers have constructed a multi-hybridized hollow organosilica nanoparticle through silica etching chemistry. These latter were then coated in situ by a mixture of two (phenyl and tetrasulfide) (Fig. 11a) and up to five homogeneously distributed organosilanes (ethane-, ethylene-, phenyl-, bisphenyl- and tetrasulfide-bridged bistriethoxysilane) under basic conditions using CTAB as a structuring agent. Dual-hybridized nanoparticles (containing phenylene and tetrasulfide fragments) were then efficiently loaded (~15%wt) with doxorubicin due to the π - π stacking and hydrophobic character of the guest molecule. Additionally, owing to the biologically-active [250] tetrasulfide fragments implemented in the shell network, these nanoparticles will present a specific response to reducing environments. The pH-triggered DOX release was monitored at different glutathione concentrations (Fig. 11b) and showed up to a 70% release at [GSH] = 10 mM versus less than 20% in the absence of a reducing agent. The release assisted by particle degradation is also confirmed by TEM where "broken" particles appeared from the first day of incubation and became more pronounced overtime (Fig. 11c-f).

More recently, an enzymatically-cleavable phenylene-oxamide PMO was reported. This system relies on the capability of the trypsin enzyme to break up amino acids [246]. Due to the high extent of phenylene within the framework, an exceptional compothecin (CPT) and doxorubicin loading (up to 80% and 65% *wt* respectively) was achieved. Interestingly, the DOX was not released at lysosomal pH in contrast with what was observed with ethylene-disulfide PMOs suggesting thus a specific interaction between oxamide moieties and drugs.



Fig. 10. a) A schematic of the degradation behavior of 50% disulfide PMO under simulated physiological conditions. TEM images of EDIS 50/50 nanospheres before (b1) and after 48h of degradation under physiological conditions (b2, b3), scale bar = 100 nm. c) In-vitro cytotoxicity studies of EDIS NPs loaded with DOX in acidic conditions for a given incubation time (72h) and various NPs concentrations (c1), or for a given NPs concentration (1µg/mL) and various incubation times (c2). Adapted with permission [11]. Copyright 2014, Wiley-VCH.

The release of drugs was only triggered upon exposure of nanoparticles to a trypsin-containing solution for 48h. This system showed important *in vitro* controlled A549 lung cancer cell killing (65% and 85% with DOX and CPT-laden nanoparticles, respectively).

It is noteworthy that other degradable systems through redox [191] or enzymatic cleavage mechanisms [190] were also synthesized. However, the relative complexity of the introduced organosilanes in the used synthetic conditions was a barrier to make porous structures. The obtained degradable BSQ were though used in nanomedicine for imaging, and photodynamic therapy.

4.3. External stimuli: light-induced release

Although the most abundant work on drug release from silsesquioxanes was carried out based on internal stimuli-triggered release, a few original works were recently reported using external stimuli to induce the cargo release.

4.3.1. Release of hydrogels with antibody-like affinity

In 2012, Shea presented an original approach for light-induced release of "externally" loaded biomolecules [251]. A neutral nitrobenzyl-carbamate bisilylated organosilane was used to make 250 nm dense BSQ nanoparticles. Upon light excitation ($\lambda = 254$ nm), the carbamate link is cleaved, inducing the removal of nitrobenzyl cycle and leaving positively charged amine moieties covering the complete organosilica framework (Fig. 12a). The original zeta potential of the nanoparticles ($\zeta = -40 \,\text{mV}$) starts increasing directly after excitation and Increased to $\zeta = +30 \,\text{mV}$ after 20 min irradiation.

This phenomenon was first demonstrated by a light-induced coverage of the BSQ surface with 70nm negatively charged silica nanoparticles *via* an electrostatically mediated process (Fig. 12a-c). In order to prove the release potential of the system, a positively charged (PA + 74) polyacrylamide copolymer hydrogel nanocomposites ($\zeta = +37 \text{ mV}$, size = 74 nm) presenting antibody-like affinity to peptides [252,253], were adsorbed on the surface through electrostatic attraction. The Light-controlled charge reversal of BSQ induced charge repulsion of the antibodies resulting in their quick light-triggered release (Fig. 12d).

4.3.2. DNA release

Following this light-induced charge-reversal concept, Khashab et al. synthesized hollow BSQ using a photo-responsive bisilylated nitrobenzyl-based organosilane [254] (Fig. 13a). In contrast to the previous study, this organic fragment is positively charged in water and has the ability to become neutrally charged upon light excitation (Fig. 13b). This characteristic was smartly used to load highly negative plasmid DNA *via* electrostatic interaction with the highly positive BSQ ($\zeta = +46 \text{ mV}$) (Fig. 13b-e). Upon one-photon light excitation, the ni-



Fig. 11. a) Schematic illustration of the framework composition of dual-hybridized HPMOs (thioether, phenylene). b) Cumulative Dox-release percentages at GSH concentrations of 0, 5, and 10 mM in PBS solutions. (c-f) Biodegradation behavior of HMONs in simulated body fluid (SBF) at GSH concentration of 10 mM for (c) 1d, (d) 2d, (e) 3d and (f) 4d. TEM images of HMONs after treatment in GSH-containing SBF for (c1-c3) 1d, (d1-d3) 2d, (e1-e3) 3d and (f1-f3) 4d, scale bar = 100 nm. Adapted with permission from [19]. Copyright (2014) American Chemical Society.

trobenzyl fragments turn neutral, and the charge of the BSQ is mainly represented by the negatively charged deprotonated surface silanol groups ($\zeta = -39 \text{ mV}$) (Fig. 13b). This charge reversal phenomenon induced the release of DNA by strong charge repulsion (Fig. 13e) and was then applied *in vitro* on MCF-7 cells. The delivery (and transcription) of DNA into cell nuclei (to translate mRNA) was successfully as-

sessed by the production of GFP (used as a reporter protein). (Fig. 13f,g)

The uncontrolled release of cargo has always been problematic for applications of nanosystems in biology [255]. For example, as for silica, Zink [19,21,256,257], Lin [229,234,236] and Bein [25,258,259] were very active in innovating so-called nanomachines [25,234,260-266] in order to prevent payload leakage and enable triggered release.



Fig. 12. a) Schematic of light-triggered charge reversal and chemistry of nitrobenzyl-carbamate BSQ and "NP Shell" Assembly. SEM image of centrifuged, resuspended, and dried mixture of (BSQ 260nm) and (SiO₂ 70nm) (b) before and (c) after UV irradiation. Scale bar: 1 µm. d) Light-Triggered Release of antibody-like hydrogel. Adapted with permission from [20]. Copyright (2012) American Chemical Society.

As for the silsesquioxanes, various physical interactions with cargos mediated by the organic fragments resulted in better retention. Accordingly, silsesquioxanes can be utilized without any further chemical modification/passivation in order to controllably deliver the payload. This suggests a superiority of silsesquioxane nanoparticles over their silica analogs.

4.4. Comparison with MSNs

Native MSNs, *per se*, cannot be exploited for triggered release at physiological pH requiring functionalization by stimuli-responsive moieties, which could be time-consuming or induce aggregation. Silsesquioxanes, are intrinsically and fully built by organic bridges between siloxanes and they can carry several organic fragments at once. Therefore, they are more appealing for intended triggered release applications. For example, a spontaneous cargo release (via electrostatic repulsion) from silsesquioxanes can take place through a charge reversal phenomenon when the pH turns from neutral to mild acidic under endosomal conditions.

Although it is theoretically possible to post-functionalize MSNs by any organic functions, the superior amount of active moieties within a silsesquioxane remains more advantageous in most of the cases.

5. Hierarchically-built systems for synergistic drug release

The production of nanosystems with increasing complexity is constantly being pursued in order to overcome complexity of biological systems, but especially to develop a system entirely capable of imaging and eradication of malignant tumors. In this section we will see how different complex systems were developed not only to load and release drugs with opposite characteristics (e.g. hydrophobic and hydrophilic), but also by combining this release with imaging or other techniques that synergistically diagnose, image and kill cancer cells.

5.1. Dual release of therapeutics

5.1.1. Hydrophilic and hydrophobic

Zhao, Zhang et al. presented an original approach for hierarchically-built Janus nanoparticles [267] starting from "seeds" of gadolinium-based (NaGdF₄:Yb,Tm@NaGdF₄) upconversion quantum dots (UCQD) separated from a mesoporous silica shell by a dense non-porous silica layer in order to chemically-protect UCQD (Fig. 14a). Over the mesoporous shell of the obtained spherical core (island), ethylene bridged organosilane undergoes a sol-gel process to yield a cubic PMO attached to the spherical island *via* an unprecedented anisotropic island nucleation and growth process (Fig. 14a,b). The co-existence of silica and organosilica matrices herein, allowed the system to house si-



Fig. 13. a) Schematic representing the photoreaction of the nitrobenzyl bisilylated precursor b) ζ potential measurements on BSQ NPs before and after irradiation, depicting the NP surface charge reversal. c-e) Schematic representation and TEM image of positively charged BS NPs, scale bar = 100 nm (c) that electrostatically bind DNA strands (d) for light-triggered delivery (e). The negative charge of NPs results from neutralization of the charge of organic bridges. (f-g) Confocal laser scanning microscopy images of HeLa cells incubated with BS NPs binding DNA strands after 6h of incubation (g). DNA is tracked via green fluorescent protein (GFP) fluorescence after translation in the nuclei, thus proving the DNA delivery from BSQ. Before irradiation (f), a low GFP signal was monitored, indicating that some DNA was autonomously delivered to cells. Scale bars = 40 µm. Adapted with permission from [21]. Copyright (2015) American Chemical Society.



Fig. 14. A) Schematic illustration of dual-controlled drug release systems using the dual-compartment mesoporous Janus nanocomposites $UCQD@SiO_2@mSiO_2@PMO$ b) TEM of the Janus nanocomposite, scale bar = 200 nm. c) Cell viabilities of paclitaxel and DOX co-loaded $UCQD@SiO_2@mSiO_2-Azo&PMO$ -tetradecanol Janus nanocomposites under (+) or without (-) heat (H) and NIR light (L) treatment (S = sample). Adapted with permission from [22]. Copyright (2014) American Chemical Society.

multaneously hydrophilic (DOX) and hydrophobic (paclitaxel) drugs. In addition, this novel system possesses quantum dot nuclei, allowing the absorption of NIR light and the emission of visible wavelength. This feature was intelligently harnessed by inserting azobenzene moieties in the pores of the mesoporous silica shell. Azobenzene is a well known as 'gatekeeper' for 2-3nm sized pores and, due to reversible photoisomerization from cis to trans confirmations, serves as an impeller to promote cargo release upon UV/vis light exposure [18,204,266,268-271]. Moreover, in order to seal the whole Janus nanosystem, heat-sensitive tetradecanol was used as a coating (Fig. 14a). In vitro assays on HeLa cells were then performed with exposing the dual-loaded particles to heat and/or light (Fig. 14c). The cell viability assays showed 1) excellent biocompatibility of the system 2) no effect when only light was on, simply because the heat-sensitive tetradecanol was still sealing the pores and no drug was able to reach the cells. However, at least 25% cell death occurred upon heat exposure only, due to the release of the paclitaxel from PMO pores. Importantly, upon light and heat excitation, both drugs were released and more than 50% cell death was observed. These results demonstrate the ability to create complex functionality wherein drugs with opposite hydrophilic/phobic characters can be loaded and independently released according to a logic system depending on specific stimuli.

5.1.2. Bimodal

Shortly later, and based on the same concept, this group reported crescent-like eccentric "hollow" Janus constructs by post-etching a dense silica core [272]. This hollowness, also called a single-hole is open to the surface and can then bear large molecules. BSA proteins were housed therein, sealed by heat-sensitive coating, and DOX found shelter in the mesoporous shell. Again, the controlled dual release was successfully demonstrated upon heat and NIR stimuli.

5.2. Photodynamic therapy (PDT) and imaging with synergistic drug release

Durand and co-workers pioneered the development of PMO mixed systems with metal cores and two-photon photosensitizers and porphyrins embedded in the silsesquioxane framework, for 2 photon imaging, photodynamic therapy and synergistic drug release.

In situ gold/(ethylene or benzene-based) PMO nanoparticles embedded with a 2-photon ($2h\nu$) sensitizer were produced [273] by co-condensation. The $2h\nu$ moiety provides the photodynamic therapy functionality, which is highly enhanced by the presence of Au cores. Drug-free or DOX-loaded nanoparticles were incubated with MCF-7 cells and afterward exposed or not to $2h\nu$ -irradiation (Fig. 15a). Cell assays (Fig. 15b,c) show that even without any drug loaded, a cell killing was induced (up to 40% for AE2 only due to PDT). For drug-loaded nanoparticles, an autonomous drug release induced 40–45% cell death without any PDT effect (laser off) and this percentage increased up to 76% after the laser was turned on, thus beautifully highlighting the synergistic effects of drug release and PDT on these Au- $2h\nu$ -PMOs nanocomposites.

In another example, octasilylated Zn-porphyrin (bearing 8 triethoxysilanes) prepared by CuAAC click chemistry [40,274-284] was cocondensed with bisilylated ethylene group to produce 460 nm nanoparticles [285]. Due to its large size and π - π stacking, the porphyrin aggregated in the framework and allowed two-photon imaging with low laser power for MCF-7 cancer cells. This latter feature was highlighted in parallel to an autonomous release of drug in the cancer environment. Later on, the same group prepared nanodiamond cores surrounded by ethane or ethylene based-PMO shells [183] (separated by a thin silica layer) and they demonstrated that the photodynamic therapy effect increased from 40% to up to 87% cell killing when synergistically combined with pH-induced drug release. Interestingly, this



Fig. 15. a) Autonomous drug delivery and 2-photon excitation-PDT combined with synergistic drug delivery. Demonstration of the synergistic effect of two-photon photodynamic therapy (PDT) and drug delivery, via DOX-free Au@PMO, Au@PMO-2h_ν, and DOX-loaded Au@PMO-2h_ν for b) ethylene- and c) benzene-bridged PMO. (A: gold cores, E: Ethylene, B: Benzene, 2: 2-photon sensitizer, DOX: doxorubicin) Adapted with permission from [2]. Copyright (2014) American Chemical Society.

system indicated that reactive oxygen species (ROS) were produced and detected following nanodiamond $2h\nu$ excitation.

5.3. High intensity focused ultrasound-HIFU with synergistic drug release

HIFU (Fig. 16a) is an FDA-approved technique used to burn prostate cancer [286]. However, this technique may cause invasive ablation or damage to surrounding healthy tissues. Here again, the diverse functionalities of PMOs can help address this problem. HIFU-assisted release was demonstrated by Chen et al. [287] using previously described DOX-loaded tetrasulfide-phenylene HPMOs [168] (Fig. 11a). In fact, the π - π interaction between DOX and aromatic phenylene is sensitive to focused ultrasound and will be significantly weakened upon HIFU application. In addition, it has been demonstrated on MSN and polymer micelles that cleavage of disulfide bonds can occur under similar conditions [288-290]. These features were therefore harnessed to actuate the HIFU-triggered controlled drug release from these HPMOs nanocapsules (Fig. 16b).

In addition, HPMOs were successfully used in contrast-enhanced ultrasonography and HIFU-assisted release of paclitaxel-laden HPMOs exhibited better tumor inhibition rates than free drug and loaded HPMOs without ultrasound [291].

Importantly, HIFU assisted drug release has been also applied *in vivo* where DOX loaded HPMOs were intratumorally injected in ICR mice (n = 20) with rat sarcoma S-180 xenografts [292]. The exposure to nanoparticles took place 2weeks after the xenograft (when tumor volume reached around 15 mm³). Mice with and without HPMO injections were also exposed to HIFU (200W, 10s). The volume of the tumor was monitored every 2 days for 15 days (Fig. 16c). A synergistic effect of HIFU hyperthermia and drug release to inhibit tumor growth was demonstrated: while tumors exposed solely to HIFU or DOX-HPMOs resulted respectively in 34 or 59 wt% tumor growth inhibition, the combined synergistic effect of HIFU and HPMOs exhibited up to 73 wt% inhibition compared to non-treated tumors (Fig. 16c,d).

In summary, HIFU, PDT and biocompatible $2h\nu$ -imaging were proven to be very effective when combined with the capacity of silsesquioxanes to deliver drugs. In the future, it will be of high impor-



Fig. 16. a) Schematic illustration of HPMO-based HIFU synergistic therapy combined with HIFU-triggered drug release. b) drug-release from DOX-loaded HPMOs under HIFU irritation (200 W) c) changes of tumor volume as a function of time after different treatments (control, HIFU irradiation, DOX–HPMOs and DOX HPMOs combined with HIFU irradiation), ($^{*}P < .05$, $^{**}P < .01$) in ICR mice implanted with rat sarcoma S-180 (n = 5), d) digital pictures of tumors at the end of therapy under different treatments with the corresponding tumor weight. Adapted from Adapted with permission [23]. Copyright 2014, Royal Society of Chemistry.

tance to take advantage of such systems in order to deliver more complex payloads like biomolecules capable of gene silencing or editing.

6. Conclusion and insights

Functional organic and inorganic fragments synergistically exist in each unit of the silsesquioxane framework building blocks plethora, enabling the development of NPs with diverse and complex characteristics. The homogeneous distribution of organic moieties and their extensive physicochemical input endows the material with new properties. Clever means of therapeutic release were demonstrated by pendant and bridged silsesquioxanes through different internal (cancer µ-environment mimics) and external (light) stimuli. Electrostatic repulsion/destabilization by pH drop or light-induced charge reversal as well as reductive framework cleavage were brilliantly used to trigger drug release. Other functions used in biomedicine (photodynamic therapy, imaging, high intensity focused ultrasound) were combined to achieve synergistic drug release. Silsesquioxane presents easy fine-tuning of the framework/ pore surface properties (hydrophobic, electrostatic, H-bond, π - π interactions), enabling a superior loading efficiency and correspondingly a lower required administered dose.

Silsesquioxane nanoparticles are fundamentally different than MSN on the structural level as they are entirely built by organic bridges separating the siloxanes. The uniform distribution of organic fragments endows silsesquioxanes with a superior activity compared to MSNs. The possibility to create mixed silsesquioxanes (containing several organosilanes moieties) also paves the way into synergistic applications and possibly new morphologies. Although the production of monosized and porous silsesquioxane nanoparticles with large pore size and pore volume remains highly challenging compared to straightforward and widely-studied MSNs, different PSQ, BSQ and PMOs have demonstrated incredible capabilities in biology. Silsesquioxanes exhibit comparable biocompatibility to MSNs and even better hemocompatibility due to their reduced concentrations of surface silanols. However due to their lower silanol content and the reduced acidity of silanols, silsesquioxanes have a higher isoelectric point and reduced charge compared to MSNs resulting in lower stability in nearly neutral conditions and different surface charge when exposed to the same conditions (i.e. neutral pH). This latter feature was exploited for payload release through spontaneous charge reversal, without any further functionalization, which is unique for silsesquioxanes.

In spite of the great chemical versatility of silsesquioxane nanocarriers, we found a lack in the literature of loading uncommon drug molecules. Also in order to shed more light on mesoporous silsesquioxane nanoparticles, reproducible synthesis with large pores capable of accommodating larger and more charged biomolecules is an urgent need and will be a brilliant advance in the field. Research on BSQ and PMOs should be pushed towards "combo combat" [293] to achieve co-delivery of multiple components like drug/siRNA to suppress drug efflux and reduce multiple drug resistance mechanisms, but also, like inhibitors/ cytokines to inhibit/delay tumor growth thus increasing the efficiency of natural killer cells [294].

Overall, although silsesquioxane nanosystems exhibit several advantages over the MSNs, we estimate that it is too early to talk about a complete superiority of the pure organosilica as more research is still needed to resolve problems and upscale their syntheses as well as understand the potential relationship between individual silsesquioxane frameworks with bio-relevant systems.

However, we believe that in the near future potent mesoporous silsesquioxane nanoparticles will bring novel solutions to existing problems. Maybe the dawn of silsesquioxanes arose due to scientific curiosity but they now promise to solve complex problems in delivery of different molecules of interest.

Acknowledgment

This work was supported by the Sandia National Laboratories' Laboratory Directed Research and Development (LDRD) program and the Lymphoma and Leukemia Society (LLS) (A.N. and C.J.B.). Sandia National Laboratories is a multi-mission laboratory managed and operated by National Technology and Engineering Solutions of Sandia, LLC, a wholly owned subsidiary of Honeywell International, Inc., for the U.S. Department of Energy's National Nuclear Security Administration under contract DE-NA0003525.

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